

To register for the Sioux Falls Senior Games



Detach entry form and mail or deliver with **\$10** fee to Sioux Falls Parks and Recreation by 5 p.m. **Friday, May 14, 2021**. *The registration fee will be \$15 for any registrations received after that date. Registration will be accepted until time of event.* Bowling and golfing have additional fees that are payable at time of event.

If an ADA accommodation is needed, please contact the Human Relations Office at 605-367-8745 or humanrelations@siouxfalls.org at least 5 business days before the event.



Sioux Falls Regional

2021

35th

ANNUAL

SENIOR GAMES

For Ages 40 and better
June 3–June 5, 2021

Organizations involved in planning the Senior Games:

- Sioux Falls Parks and Recreation
- Sioux Falls Public Schools
- Midco® Aquatic Center
- Great Life Suburban Lanes
- Elmwood Golf Course
- Active Generations



CITY OF
SIoux FALLS
PARKS & RECREATION

Event Schedule

STARTS MAY 31

and runs through June 5 at 12 noon	Location
Golf—9 holes (M&W)	3
Golf—18 holes (M&W)	3

THURSDAY, JUNE 3

4 p.m. Pool	1
4 p.m. Table Tennis Singles	1
Table Tennis Doubles	1

FRIDAY, JUNE 4

8 a.m. Cycling Race—5,000 meters (M&W)	7
8 a.m. Cycling Race—10,000 meters (M&W)	7
9:30 a.m. Pickleball Mixed Doubles	9
11 a.m. Swimming (M&W)	
Freestyle (50-/100-/200-yard)	6
Back Crawl (50-/100-/200-yard)	6
Breast Stroke (50-/100-yard)	6
Butterfly (25-/50-/100-yard)	6
11 a.m.–	2
1 p.m. Bowling Mixed Doubles	
Track and Field Events (M&W):	
6 p.m. Discus	5
Javelin	5
Softball Throw	5
Shotput	5
6:30 p.m. 800-Meter Race Walk (M&W)	5
800-Meter Run (M)	5
800-Meter Run (W)	5
200-Meter Dash (M)	5
200-Meter Dash (W)	5
1,500-Meter Race Walk (M&W)	5

Please check in at least 30 minutes prior to your event.
Some men's and women's events may be combined
due to number of entries.

SATURDAY, JUNE 5

	Location
8 a.m. Tennis—Singles (M), (W)	5
Tennis—Doubles (M), (W), (mixed)	5
8–11 a.m. Track and Field Events (M&W):	
8 a.m. 5,000-Meter Race Walk (M&W)	5
8:30 a.m. High Jump	5
Running Long Jump	5
Standing Long Jump	5
Discus	5
Javelin	5
Softball Throw	5
Shotput	5
9 a.m. 50-Meter Dash (M)	5
50-Meter Dash (W)	5
1,500-Meter Run (M&W)	5
100-Meter Dash (M)	5
100-Meter Dash (W)	5
400-Meter Dash (M)	5
400-Meter Dash (W)	5
9:30 a.m. Pickleball Doubles (M&W)	9
10 a.m. Horseshoes (M&W)	4
11 a.m. Pickleball Singles (M&W)	9
12 noon Bowling Singles (M&W)	2
1:30 p.m. Bowling Doubles (M&W)	2
2 p.m. Shuffleboard M&W Singles	8
2 p.m. Basketball—	
Field Goals/Free Throws (M&W)	8
2 p.m. Rope Skipping (M&W)	8
2 p.m. Bean Bag Toss (M&W)—	8
Singles (50 bags)	

Event Locations

- | | | |
|--|--|---|
| 1 - Active Generations
2300 West 46th Street | 6 - Midco® Aquatic Center
1601 South Western Avenue | 10 - Kenny Anderson
Community Center
3701 East Third Street |
| 2 - Great Life Suburban Lanes
2621 South Spring Avenue | 7 - Yankton Trail Park
Yankton Trail Park Road &
Minnesota Avenue | |
| 3 - Elmwood Golf Course
2604 West Russell Street | 8 - Morningside Community Center
2400 South Bahnson Avenue,
connected to Harvey Dunn
Elementary School | |
| 4 - McKenna Park
24th Street & Second Avenue | 9 - Terry Redlin Elementary
1722 East Eighth Street | |
| 5 - Washington High School
501 North Sycamore Avenue | | |

Event Guidelines

Please check in to your event 30 minutes earlier. Starting times are approximate.

Basketball-Field Goals/Free Throws (25 of each)—Morningside Community Center.

Bean Bag Toss—Participation is open for singles (50 bags). Location is at Morningside Community Center. If you have a board set, please bring it. Rules will be provided.

Bowling—\$2 per game (collected at Great Life Suburban Lanes—shoes included). Three lines will be bowled in both the singles and doubles events. If you're bowling in the doubles, you must provide your own partner. The age division for doubles will be determined by the lower age of the two partners as of September 1, 2021. **There will be no handicapping.**

Cycling Races—Held at Yankton Trail Park. Enter off South Minnesota Avenue (if southbound on Minnesota Avenue, turn is immediately after crossing I-229 interchange); course will be through park; helmets required.

Golf—Golf tee times available Monday, May 31, through Friday, June 4, at 12 noon for 18 holes. Monday, May 31, through Saturday, June 4, by 12 noon for the east 9 holes. Play at Elmwood Golf Course, 2604 West Russell Street. Call or visit Elmwood for reservations and fees at 605-367-7092.

Horseshoes—Played at McKennan Park pits near 24th Street and Second Avenue; provide own shoes.

Pickleball—Will be held at Terry Redlin Elementary. Doubles and singles tournament play.

Pool—Active Generations.

Rope Skipping—Will be held at Morningside Community Center. The activity is judged by the number of successful continuous jumps in two minutes.

Shuffleboard—Morningside Community Center. Six ends—shoot for total score.

Swimming—Midco® Aquatic Center, 1601 South Western Avenue.

Table Tennis—Center for Active Generations. The age division for doubles will be determined by the lower age of the two partners as of September 1, 2021.



Tennis—Held at Washington High School tennis courts. Participants must provide own balls and own racket. The age division for doubles will be determined by the lower age of the two partners.

Track & Field—Held at Washington High School. If spikes are used, only 1/8" spikes are allowed. Track attire is required.



Some men's and women's events may be combined due to the number of entries.

35th Annual Sioux Falls Regional Senior Games ENTRY FORM • May 31–June 5, 2021

Name _____ Male Female
(please print) (Last) (First) (MI)

Address _____ Home Phone _____
(Street)

City _____ State _____ Zip _____ Office Phone _____

Email Address (in all caps) _____

Age Category (Age as of 9/1/2021) 40–44 45–49 50–54 55–59 60–64 65–69
Date of Birth ____/____/____ 70–74 75–79 80–84 85–89 90–94 95–99 100+

Fee enclosed: By May 14 \$10 After May 14 \$15 **T-Shirt Size:** S M L XL XXL

Please read and sign the waiver and hold harmless agreement at the bottom of the page.

Waiver and Hold Harmless Agreement

The user agrees to indemnify, defend and hold the City, and its officers, agents and employees harmless from any and all liability, damages, actions, claims, demands, expenses, judgments, fees and costs of whatever kind or character, arising from, by reason of, or in connection with the use of the facilities described herein. It is the intention of the parties that the City, and its officers, agents and employees shall not be liable or in any way responsible for injury, damage, liability, loss or expense resulting to the user and those it brings onto the premises due to accidents, mishaps, misconduct, negligence or injuries either in person or property.

User expressly assumes full responsibility for any and all damages or injuries which may result to any person or property by reason of or in connection with the use of the facilities pursuant to this Agreement, and agree to pay the City for all damages caused to the facilities resulting from user's activities hereunder.

I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.

SIGN HERE

Signature _____ Date _____



Schedule Changes

Any changes or adjustments in schedule, location, or event will be available at the Kenny Anderson Community Center 3701 E 3rd St.

For More Information

Call the Kenny Anderson Community Center Office at 605-978-6924. You can also visit our website at www.siouxfalls.org/senior-games.

Deadline

Advance registration deadline is 5 p.m.
Friday, May 14, 2021.

PLEASE COMPLETE BOTH SIDES OF ENTRY FORM!



35th Annual Sioux Falls Regional Senior Games ENTRY FORM • May 31–June 5, 2021

Return this entry form to the address below, with the entry fee. Make checks payable to Sioux Falls Parks and Recreation.

Sioux Falls Parks and Recreation
231 North Dakota Avenue
Sioux Falls, SD 57104



PLEASE COMPLETE BOTH SIDES OF ENTRY FORM!

STARTS MAY 31

and runs through June 5, at 12 noon Location

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| <input type="checkbox"/> | Golf—9 holes (M&W) | 3 |
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THURSDAY, JUNE 3

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| <input type="checkbox"/> | 4–7 p.m. Table Tennis Singles | 1 |
| | Table Tennis Doubles | 1 |

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| <input type="checkbox"/> | Breast Stroke (50-/100-yard) | 6 |
| <input type="checkbox"/> | Butterfly (25-/50-/100-yard) | 6 |
| <input type="checkbox"/> | 11 a.m. Bowling Mixed Doubles | 2 |
| | –1 p.m. Partner _____ | |
| | Track and Field Events (M&W): | |
| <input type="checkbox"/> | 6 p.m. Discus | 5 |
| <input type="checkbox"/> | Javelin | 5 |
| <input type="checkbox"/> | Softball Throw | 5 |
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| <input type="checkbox"/> | 100-Meter Dash (M) | 5 |
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